

## **A Study of Mental Health among the Student of Government and Non-Government School**

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### **Abstract**

The aim of research was to find out the difference between the student of Government and Non-Government school in terms of Mental Health. The total sample consisted 60 students from both government and non-government school. The research tool for Mental Health was measured by Dr. Promod Kumar's Mental Health check list. Here 't' value was applied to check the significant difference in Mental Health between the student of government and non-government school. The study reveals that there is a significant difference in Mental Health between the student of government and non-government school.

### **Introduction**

The 21st century is in a swing of the competitions. Everyone has to be fight to survive in the competitive world. The competition is significant aspect through which the growth of desirable phenomena is possible. At the most, as this study is pertained to the parents are so conscious about their children.

The new trend of education in L.P.G is of the non-government school and this is hypnotizing the parents that without this the sustained development of children is impossible. So every parent is inclined to admit them into these private or non-government school by paying the large amount of donations. Inspiteo this the parents have to undergrad tremendous adverse and unfavorable consequence. It has been observed that the student are suffering from, the excessive stress, depression, disinterestedness, fear growing introvert, irritating nature and uncertain about themselves frustration etc. and this is a symptom of their Mental illness. Due

to this the students are automatically turning towards the child delinquency, drug addictions and the most they are committing suicides.

These non-government or private schools are with well equipped, elevated infrastructures. Along with this the school are computerized with the provision of spacious playgrounds, personality development programmes, sports coaching, counseling centers, scientific knowledge based seminars, conferences, project, students -parents-teachers oriented programmes etc. The enthusiastic and education exposure is available for these students still they are affected by above stated consequences. Because it is strong attempted that the student are 'changed into the machines.' They are literally becoming the machines. By the name of the pseudo-prestige they are pushed into the terrific competitions without concentration on their capacities and potentials. Imbibing burdensome expectation by the schools and parents mentally affecting the student.

In the contrary to this the students of the government schools comparable are less affected by these symptoms because there is not killing competitions, strong disciplinary rules among the schools. The school are not run by the professional attitudes and are not for the pseudo-prestige. There is favorable and liberal atmosphere that brings the possibilities of their throughout development. These students are mentally free and satisfied with the capabilities to face the competitions because of practical based knowledge rather than theoretical.

So a topic study of Mental Health among the student of government and non-government schools is selected for the study.

### **Objective of the Study**

To study the relationship between the student of government and non-government school in terms of Mental Health.

### **Hypothesis**

There is difference the students government and non-government schools.

## Variables

IV- Government and Non-Government schools student

DV- Mental Health

## Method

There are total 60 students from both government and non-government schools.

Government school student	Non-Government school student
30	30

## Tools

In the present study Dr.Pramod Kumar's Mental Health check list has been used for Mental Health

## Statistical Techniques

Mean, SD, 't' value is used

	No	Mean	SD	SED	't' value	Significance level
Government school student	30	17	2.26	0.34	4.5	Significant
Non-Government school student	30	18.53	1.38			

## Discussion

The aim of the present study is to measured Mental Health among the students of government and non-government schools.

In these study the scores of government school student's (N-30, M-17, SD-2.26) and non-government school student's(N-30, M-18.53, SD-1.38) and calculated 't' value is 4.5 which is significant on 0.01 and 0.05 level. So the hypothesis is accept because there exits significance difference between government and non-government school students in terms of Mental Health.

**Conclusion**

There is a significant difference between government and non-government school students

**Limitation**

The researcher selects the sample only from Dhule city of Maharashtra

**Suggestion**

further research can be conducted a large sample.

**References**

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